

**2007 TCRC Track Meet Results
Maine-Endwell High School
Endwell, NY**

August 29, 2007

Nice warm, breezy evening for our last workout. Thanks to Dan, Tom , Skip and Sue Cain for helping.

1 Mile

Mike Olson 5:02
Ben Nichols 5:23
Ricahrd Nichols 5:27
Jeff Felice 5:28
Joe Hollenbeck 5:46
Graham Upton 5:52
Chris Pilotti 6:19
Joe G 6:34
Aaron Wilks 6:39
Vince Kelley 6:42
Jason Wilks 7:08
Samantha Wilks 8:14
Barb Morrissey 8:18
Anne Reichart 8:39
Dawn DeVita 9:28

800

Graham Upton 2:51
Chris Pilotti 2:51
Lyann Lorenz 2:52
Ethan Elliott 3:16
Barb Morrissey 4:06
Maggie Anglehart 4:51
Anne Reichart 4:51
Vince Kelley 4:52

400

Joe Hollenbeck 1:02
Jeff Felice 1:07
Jason Wilks 1:12
Graham Upton 1:16
Hanah Elliott 1:19
Natalie Hawkes 1:25
Maggie Anglehart 2:01
Anne Reichert 2:01
Vince Kelley 2:02
Mike Olson 2:37
Ben Olson 2:38

2 mile

Mike Olson 11:16
Ricahrd Nichols 11:41
Ben Nichols 12:13
Jeff Felice 12:40
Lyann Lorenz 12:57
Chris Pilotti 14:12
Joe G 14:32
Aaron Wilks 14:35
Tim Nichols 17:48
Dawn DeVita 20:08

August 22, 2007

Nice night at M-E track, only one more Wednesday night workout left. Thanks to Dan, Tom and Skip for helping.

Mile

Tom Ryan 5:01
Steven Nichols 5:10
Richard Nichols 5:19
Ben Nichols 5:26
Jeff Felice 5:39
Graham Upton 6:09
Chris Pilotti 6:22

Sue Cain 6:34
Joe G. 6:36
Jason Wilks 6:51
Lynn Jenner 7:20
Hanna Elliott 7:43
Kathy Anderson 7:54
Mike Murphy 8:03
Tim Nichols 8:06
Barb Morrissey 8:19
Dawn DeVita 9:32

800

Tom Ryan 2:23
Richard Nichols 2:34
Steven Nichols 2:34
Jeff Felice 2:37
Ben Nichols 2:38
Chris Pilotti 2:53
Ethan Elliott 3:28
Sue Schultz 3:33
Barb Morrissey 4:00
Tim Nichols 4:39

400

Tom Ryan 1:03
Richard Nichols 1:08
Steven Nichols 1:09
Ben Nichols 1:09
Jeramie Anderson 1:15
Jeff Felice 1:18
Hanna Elliott 1:24
Ethan Elliott 1:32
Mike Murphy 1:36
Sue Schultz 1:39
Tim Nichols 1:46
Barb Morrissey 2:04
Patrick McCoulogh 2:13

2 mile

Mike Murphy 10:50
Richard Nichols 12:13
Ben Nichols 12:29
Steven Nichols 12:49
Jason Felice 13:16
Jeff Felice 13:17
Graham Upton 13:55
Joe G. 13:55

Chris Pilotti 14:15
David Nichols 14:19
Sue Cain 14:27
Brian Cartie 14:39
Larry Lepak 15:36
Kathy Anderson 16:18
Sue Schultz 16:39
Barb Morrissey 16:47
Lynn Jenner 17:17
Dawn DeVita 20:35

August 15, 2007

Only two more Wednesday night workouts left. Nice night at M-E, thanks to Skip and Tom Hamlin for volunteering.

Mile

Bill Talkiewicz 5:06
Steve Spittler 5:08
Richard Nichols 5:23
Nick Reynolds 5:38
Ben Nichols 5:47
Joe Hollenbeck 5:55
Jeff Felice 5:56
Greg Derick 6:04
Scott Robinson 6:24
Aaron Wilks 6:37
Vince Kelley 6:40
Sue Cain 6:41
Sarah Spittler 6:48
Tom Hamlin 7:44
Samantha Wilks 7:51
Kathy Anderson 7:51
Ethan Elliott 8:14

Dawn DeVita 9:20

800

Steve Spittler 2:24
Richard Nichols 2:39
Ben Nichols 2:39
Jeff Felice 2:40
Abbie Elliott 2:49
Sue Cain 3:22
Vince Kelley 3:25
Scott Robinson 3:26

400

Joe Hollenbeck 1:02
Nick Reynolds 1:05
Richard Nichols 1:08
Ben Nichols 1:12
Abbie Elliott 1:14
Ethan Elliott 1:33
Scott Robinson 1:35
Jeff Felice 1:36
Patrick Cain 2:24

2 mile

Max Straneva 10:21
Bob Nugent 10:26
Greg Derick 10:53
Steve Spittler 11:12
Richard Nichols 11:55
Jeff Felice 12:37
Ben Nichols 12:55
Scott Robinson 13:41
Vince Kelley 14:19
Sue Cain 14:31
Kathy Anderson 16:29
Tom Hamlin 17:42
Dawn DeVita 21:04

August 8, 2007

Very warm, windy and humid night at M-E track. Thanks to Dan Dougherty, Lynann Lorenz, Skip and Tom Hamlin for volunteering.

1 Mile

Steven Nichols 5:10
Bill Talkiewicz 5:13
Joe Hollenbeck 5:46
Chris Lake 5:48
Greg Amend 6:00
Joe G 6:39
Aaron Wilks 6:45
Lynn Jenner 7:22
Jim Donahoe 7:26
Hannah Elliott 7:54
Natalie Hawks 7:55
Suzanne Myette 7:56
Tony Mazza 8:58
Dawn DeVita 9:53
Karren Bee-Donahoe 10:38

800

Matt Mariani 2:14
Steven Nichols 2:42
Greg Amend 2:45
Brian Cartie 2:46
Allison Miller 3:55
Dawn DeVita 4:26

400

Joe Hollenbeck 1:01
Chris Lake 1:06
Steve Nichols 1:07
Hannah Elliott 1:22
Natalie Hawks 1:28
Ethan Elliott 1:31
Alexa Walling 1:47
Tony Mazza 1:49
Nick Walling 1:52
Dawn DeVita 1:57

Karren Bee-Donahoe 2:04

2 mile

Suzanne Myette 12:09
Steven Nichols 12:30
Greg Amend 12:46
Joe G 14:25
Aaron Wilks 14:46
Brian Cartie 15:39
Lynn Jenner 17:40
Dawn DeVita 24:07
Karren Bee-Donahoe 26:28

August 1, 2007

Nice turnout, considering how warm it was. Thanks to Dan Dougherty, Tom Hamlin and Skip Hamlin for helping.

1 Mile

Steven Nichols 5:18
Steve Esposito 5:22
Richard Nichols 5:33
Chris Lake 5:38
Joe Hollenbeck 5:54
Jim Golden 6:26
Scott Robinson 6:27
Corey Wasilnak 6:39
David Nichols 6:53
Joe Gwizadolski 6:53
Jason Wilks 7:25
Kathy Anderson 7:58
Tim Nichols 8:08
Diane Golden 8:55
Dawn DeVita 9:53

800

Tom Planavsky 2:17
Steve Esposito 2:28
Richard Nichols 2:35
Steven Nichols 2:38
Corey Wasilnak 3:13
Scott Robinson 3:19
Jim Golden 3:25
David Nichols 3:51
Tim Nichols 3:58
Diane Golden 4:01

400

Matt Mariani :58
Ben Snodgrass :58
Joe Hollenbeck 1:05
Chris Lake 1:07
Steve Esposito 1:08
Steven Nichols 1:09
Richard Nichols 1:10
Tom Planavsky 1:13
Lee Anderson 1:41
Tim Nichols 1:42
Scott Robinson 1:46
Nick Hollenbeck 1:53

2 mile

Ben Snodgrass 11:38
Richard Nichols 11:56
Steven Nichols 13:10
Lee Anderson 13:51
Scott Robinson 14:20
Steve Halebsky 14:32
Brian Carte 14:55
Steve Esposito 15:06
Joe Gwizdaloski 15:17
Corey Wasilnak 15:40
Jim Golden 16:56
Kathy Anderson 17:57
Diane Golden 20:40
Dawn DeVita 21:48

July 25, 2007

Great weather again - nice turnout - 38 runners - runners getting in mid-summer form.

Thanks to Dan Dougherty, Skip Hamlin & Ed Jenner.

1 Mile

Jeff Navlon 4:41
Jeff Martinez 5:05
Tom Plavansky 5:11
Steve Nichols 5:20
Richard Nichols 5:23
Chris Lake 5:49
Jason Felice 5:55
Lynann Lorenz 6:07
Marie Ferro 6:11
Graham Upton 6:11
Corey Wasilnak 6:22
Vince Kelley 6:26
Aaron Wilks 6:27
Ed Jenner 6:28
Scott Robinson 6:28
Taylot Hackett 6:48
Joe G 6:48
Dave Nichols 6:55
Sue Priestley 7:03
Jason Wilks 7:04
Larry Lepak 7:31
Tim Nichols 7:53
Samantha Wilks 7:55
Lynn Jenner 8:00
Barb Morrisey 8:09
Dawn DeVita 9:58

800

Chris Cummings 2:17
Matt Mariani 2:17
Tom Cummings 2:18
Jeff Martinez 2:25
Richard Nichols 2:36
Steven Nichols 2:36
Abbey Elliot 2:40
Lynann Lorenz 3:03
Corey Wisilnak 3:09
Scott Parks 3:32
Ryan Parks 3:42
Scott Robinson 3:44
David Nichols 3:53
Barb Morrisey 3:54
Beth Parks 3:54
Diane Golden 4:03
Tim Nichols 4:32

400

Jeff Martinez 1:04
Chris Lake 1:06
Richard Nichols 1:09
Steven Nichols 1:12
Lizzy Alstadt 1:14
Graham Upton 1:15
Abbey Elliott 1:15
Hannah Elliott 1:18
Corey Wasilnak 1:24
Ethan Elliott 1:34
Samantha Wilks 1:35
Scott Robinson 1:41
Tim Nichols 1:42
Barb Morrisey 1:47

2 Mile

Richard Nichols 11:59
Tom Cummings 12:11
Ryan Parks 12:13
Chris Cummings 12:43
Lynann Lorenz 12:46
Steven Nichols 13:21
Graham Upton 14:36
Scott Robinson 14:37
Aaron Wilks 14:49
Joe G 14:51
Scott Parks 15:10
Vince Kelley 15:13
Barb Morrisey 16:53
Beth Parks 17:20

Diane Golden 19:30
Dawn DeVita 21:56

July 18, 2007

What a nice night. Good weather - good turn-out (32 Runners) - good results. Chris Gaube & Andy Allstadt ran the mile in 4:29 & 4:32 respectfully. Tom Carter was thinking this might be the fastest time in 15 years at the Weds track meet. In total - 5 runners break 5 minutes and 7 more break 6 minutes in the mile. Joe Akulis and Andy Allstadt broke 1 minute (0:57 and 0:58 respectively) in the 400. In the 2 mile - Chris Gaube ran 9:50.

Lots of help - Skip Hamlin, George Joesph, Ed Jenner and Dan Dougherty - thanks to all.

1 mile

Chris Gaube 4:29
Andy Allstadt 4:32
Nate Ruchanes 4:51
Tom Carter 4:55
Greg Derick 4:56
Bill Talkiewicz 5:04
Mark Knapp 5:15
Stephen Nichols 5:20
Richard Nichols 5:29
Jen Hastings 5:42
Ben Nichols 5:44
Lynann Lorenz 5:54
Jessica Spellane 6:18
Aaron Wilks 6:42
Joe Akulis 6:44
Joe G 6:45
Jason Wilks 6:59
David Nichols 7:01
Casey Lee 7:34
Lynn Jenner 7:36
Josie Trichka 7:49
Samantha Wilks 7:51
Tim Nichols 8:21
Dawn DeVita 9:59
Nicholis Willet 10:09
Liz Carter 10:33

800

Matt Mariani 2:21
Mark Knapp 2:26
Greg Derick 2:28
Stephen Nichols 2:37
Richard Nichols 2:38
Jen Hastings 2:39
Marie Giurastante 2:40
Ben Nichols 2:40
David Nichols 3:30
Ann Allstadt 3:31
Tim Nichols 4:01
Nicholas Willet 5:17

400

Joe Akulis :57
Andy Allstadt :58
Stephen Nichols 1:05
Marie Giurastante 1:06
Richard Nichols 1:07
Mark Knapp 1:08
Greg Derick 1:08
Matt Mariani 1:09
Ben Nichols 1:11
Samantha Wilks 1:38
Tim Nichols 1:44
Nichole Carter 1:44
Tom Carter 1:45
Dawn DeVita 1:48
Julia Willet 2:03 (5 yrs old)
Liz Carter 2:08

2 Mile

Chris Gaube 9:50
Nate Ruchanes 10:46
Greg Derick 11:17
Mark Knapp 11:36
Richard Nichols 11:44
Stephen Nichols 12:56
Lynann Lorenz 12:57

Jessica Spellane 13:27
Jen Hastings 13:30
Ben Nichols 14:39
Joe G 14:58
Aaron Wilks 15:07
Jason Wilks 16:24
Lynn Jenner 17:40
Dawn DeVita 23:14

July 11, 2007

Good turn-out considering the weather. The big black cloud went around us with just a little rain. Thanks to George Joseph, Skip Hamlin, Dan Dougherty & Jim Landis for helping.

Mile

Pat Murphy 4:38
Bill Talkiewicz 5:09
Tom Plavasny 5:20
Thomas Cummings 5:27
Stephen Nichols 5:29
Chris Lake 5:45
Ben Nichols 5:50
John Monopoli 5:57
Sterling Payne 6:02
Lynann Lorenz 6:04
Jason Felice 6:12
Jessica Spillane 6:28
Brendan Pancheri 6:34
Ed Jenner 6:39
Aaron Wilks 6:59
Casey Lee 7:06
Jason Wilks 7:07
Dave Nichols 7:28
Sue Priestley 7:37
Tim Nichols 8:39
Dawn DeVita 9:57

800M

Pat Murphy 2:18
Thomas Cummings 2:32
Sterling Payne 2:33
Tom Planavsky 2:38
Ben Nichols 2:41
John Monopoli 2:46
Brendan Pancheri 3:00
David Nichols 3:25
Diana LaBelle 3:37
Aaron Wilks 3:39
Tim Nichols 3:58

400M

Tom Planavsky 1:02
Pat Murphy 1:03
Bill Talkiewicz 1:04
Brendan Pancheri 1:05
Stephan Nichols 1:07
Ben Nichols 1:12
Thomas Cummings 1:13
Sterling Payne 1:15
John Monopoli 1:25
Aaron Wilks 1:29
Diana LaBelle 1:38
David Nichols 1:42
Tim Nichols 1:49

2 Mile

Byron LaBare 10:57
Pat Murphy 10:57
Mike Olsen 11:08
Stephen Nichols 12:26
Lynann Lorenz 12:27
John Monopoli 12:40
Chris Lake 12:52
Jessica Spillane 12:54
Megan Jacoby 12:56
Marie Ferro 13:01
Aaron Wilks 16:03
Diana LaBelle 16:16
Jason Wilks 18:53
Dawn DeVita 21:34

June 20, 2007

Great night for running and 43 runners showed up for some fun. For the mile we had 5 guys run under 5 minutes...COOL BEANS!!! We have 2 new members, Christopher Lake from Harpursville and Casey Lee from Maine and 2 returning members (wondered where you were), Bill Bialy and his son Justin.

Thanks to Kelly Billingere, Dan Dougherty and George Joseph for helping out and thanks again to Jeff Felice for encouraging all those young guys and gals...it's great to see so many of our youth down there every Wednesday.

Don't forget..RED DRESS RUN next Wednesday at 6:00pm...must be in a red dress to run..this is in place of the track meet. The following Wednesday is July 4th and there will be no track meet that night.

Grace

1-MILE

Andy Allstadte-4:42
Pat Murphy-4:47
Kellen Wadack-4:49
Max Straneva-4:50
Greg Derick-4:52
Phil Kowazney-5:08
Bill Talkiewicz-5:09
Steven Nichols-5:21
Nick Reynolds-5:28
Ben Nichols-5:30
Sterling Payne-5:32
Richard Nichols-5:47
Chuck Hein-6:02
Steve Esposito-6:39
Brian Carte-6:41
Aaron Wilks-6:52
Jason Wilks-6:55
Joe Gwizdaloski-7:01
David Nichols-7:07
Joe Akulis-7:18
Lynn Jenner-7:26
Joe DiMattina-7:54
Tim Nichols-8:19
Samantha Wilks-8:30
Casey Lee-8:30
Sarah Gwizdaloski-8:57
Dawn DeVita-9:43

800

Andy Allstadte-2:10
Kellen Wadack-2:14
Steve Esposito-2:17
Pat Murphy-2:19
Phil Kowazney-2:25
Max Straneva-2:26
Chris Lake-2:26
Steve Nichols-2:36
Greg Derick-2:52
Vince Sementelli-2:53
Brian Cartie-2:57
Shane Cummings-3:00
Marie Farro-3:02
Casey Lee-3:24
Ann Allstadte-3:28
David Nichols-3:32
Scott Parks-3:33
Laura Hanson-3:38
Samantha Wilks-3:41
Tim Nichols-3:50
Joe DiMattina-3:53

400

Joe Akulis-:57
Andy Allstadte-1:00
Kellen Wadack-1:03
Pat Murphy-1:04
Richard Nichols-1:06
Phil Kowazney-1:07
Chuck Hein-1:08
Chris Lake-1:08
Steve Nichols (JR)-1:09
Steve Nichols (Dad)-1:10
Steve Esposito-1:12
Greg Derick-1:16
Neil Holdsworth-1:16
Vincent Sementelli-1:17
Brian Cartie-1:18
Scott Parks-1:19
Casey Lee-1:32
Samantha Wilks-1:34

Dave Nichols-1:36
Joe DiMattina-1:37
Tim Nichols-1:46

2-MILE
Pat Murphy-11:44
Greg Derick-11:44
Kellen Wadack-11:44
Sterling Payne-12:03
Richard Nichols-12:08
Steven Nichols-12:20
Ryan Parks-12:25
Lynan Lorenz-12:31
Ben Nichols-12:43
Steve Esposito-12:45
Tom Carlini-13:01
Justin Bailey-13:17
Marie Farro-13:25
Chuck Hein-13:43
Joe Gwizdaloski-15:02
Aaron Wilks-15:09
Shane Cummings-15:13
Laura Hanson-15:43
Scott Parks-15:53
Chris Carlini-15:57
Jenna Felice-15:57
Neil Holdsworth-16:28
Lynn Jenner-16:45
Joe DiMattina-16:56
Jason Wilks-17:38
Dawn DeVita-21:04

June 13, 2007

Record number of runners tonight. 50 runners and it was great to see so many of the youth out there (thanks to Jeff Felice for your effort). Pretty amazing....3 runners under 5:00 and 12 runners under 6:00 minutes in the mile. Also, thanks to Dan Dougherty, George Joseph, Randy Reynolds, and Jeff Felice for their help.

Don't forget the Red Dress is the last Wednesday of the month so start shopping for those red dresses.

Welcome Laura Hansen to the TCRC.

Grace

1 MILE
Andy Alstadt-4:40
Ben Snodgrass-4:55
Bob Nugent-4:56
Bill Talkiewicz-5:11
Richard Nichols-5:28
Steven Nichols-5:27
Nick Reynolds-5:31
Sterling Payne-5:32
Ben Nichols-5:33
Kelly Bellingiere-5:36
Patrick Reynolds-5:38
Farrell McKenna-5:40
Lyann Lorenz-6:12
Chris Carlini-6:30
Tom Carlini-6:33
Nick Short-6:36
Brian Cartie-6:41
Jim Landis-6:44
Katrina Rinehimer-6:54
Sue Priestly-7:02
Joe Gwizdaloski-7:06
Jason Wilks-7:09
David Nichols-7:14
Samantha Wilks-7:15
Steve Esposito-7:18
Doug Sutton-7:27
Lynn Jenner-7:33
Melinda Miller-7:35
Tim Decker-7:37
Barb Morrissey-7:52
Sara Gwizdaloski-8:32
Dawn Devita-9:30

800
Brendan Nugent-2:06
Jeff Marinez-2:12
Steve Esposito-2:14
Tim Decker-2:16
Ben Snodgrass-2:24
Steve Nichols-2:42

Jason Felice-2:43
Ben Nichols-2:52
Elizabeth Alstadt-2:54
Richard Nichols-2:59
Brian Cartie-3:06
Doug Sutton-3:31
David Nichols-3:34
Ann Alstadt-3:35
Scott Parks-3:37
Taylor Hackett-3:41
Barb Morrissey-3:42
Beth Parks-3:44
Sara Gwizdaloski-3:59
Jacob Felice-4:05
Dawn Devita-4:35

400
Billy Dayton-:59
Jeff Martinez-1:01
Farrell Mckenna-1:03
Bill Talkiewicz-1:04
Richard Nichols-1:07
Chris Carlini-1:15
Ben Nichols-1:17
Brian Cartie-1:18
Tom Carlini-1:20
Steve Esposito-1:21
Melinda Miller-1:22
Nick Short-1:24
Elizabeth Alstadt-1:30
Doug Sutton-1:31
Shane Murdock-1:35
Ann Alstadt-1:41
David Nichols-1:44
Logan Murdock-1:45
Sara Gwizdaloski-1:47
Barb Morrissey-1:48
Max Bogert-1:50
Tim Decker-1:52
Colby Murdock-2"35

2 MILE
Max Straneva-11:01
Kelly Billingsiere-12:06
Sterling Payne-12:10
Ben Snodgrass-12:10
Richard Snodgrass-12:15
Richard Nichols-12:36
Lyann Lorenz-13:19
Steve Nichols-13:26
Ryan Parks-13:44
Jason Felice-14:12
Steve Esposito-14:50
Joe Gwizdaloski-15:05
Sue Priestly-15:06
Taylor Hackett-15:29
Scott Parks-15:34
Doug Sutton-16:20
Lynn Jenner-17:12
Jason Wilks-17:30
Barb Morrissey-17:35
Beth Parks-17:57
Dawn Devita-21:29

June 6, 2007

Thanks to all my help tonight...George Joseph, Dan Dougherty and Ed Jenner. We had a record number of runners and I'd like to thank all of you runners for coming out and supporting the TCRC Wednesday Night Meets. It's great to see you and hope we see even more members (and anyone you'd like to bring along) as time goes on (don't forget the Red Dress Run is the last Wednesday of June so start shopping for those red dresses). Hey this is fun...maybe we should think about bringing back the challenge of the Marshmallow Man. What do you think????

Grace

1 MILE 800 400 2 MILE
Andy Allstadt 4:55 2:20 1:02 10:38
Jeff Martinez 5:04 10:50
Mike Olsen 5:05 1:15 11:17
Jason Felice 2:38 1:00 13:37
Jeff Felice 5:10 2:39 1:21 12:45
Bill Talkiewicz 5:17 1:05
Richard Nichols 5:23 2:36 1:08 12:36
Steven Nichols 5:27 2:36 1:12 12:56
Tim Decker 5:34

Ben Nichols 5:38 2:46
Neil Holdsworth 3:01 1:25 16:05
Greg Derrik 5:45 2:54 11:11
Brendan Pancheri 6:00 16:14
Lynn Ann Lorenz 6:15 2:53 1:22
Curtis Jewett 6:19 3:03 15:09
Mike Murphy 6:24 3:23 10:52
Steve Eposito 12:01
Tim Rent 6:54 1:20
Aaron Wilks 7:00 2:26 15:33
Steve Willet 7:09
Joe Gwizdaloski 7:13 15:25
Jason Wilks 7:21 17:46
Jenna Felice 3:08 1:21
Bryanne Klucka 8:11 1:23
JOe Akulis 7:27 :48
Skip Hamlin 7:31 3:30 1:52 15:58
Ann Alstadt 3:30 1:40
Jacob Felice 9:32 16:45
Doug Sutton 7:32 3:33 1:31 16:00
Alyson Barmada 7:59 1:34
Tim Nichols 3:30 3:40 1:39
Jennifer Woltjen 8:30 4:08 1:54 18:28
Sara Gwizdaloski 8:57 4:08 1:50
Dawn Devita 9:32 4:26 21:02

May 30, 2007

The largest turnout of the season at M-E track. A total of 23 runners took part. Thanks to Tom Hamlin and Ed Jenner for helping.

Mile
Mike Murphy 4:50
Bob Nugent 4:54
Phil Kwasney 5:14
Richard Nichols 5:33
Ben Nichols 5:38
Sterling Payne 5:49
Lynann Lorenz 6:12
Joe Auklis 6:17
Mike Brearly 6:20
Michelle Clarke 6:29
Steve Willett 6:39
David Nichols 7:04
Skip Hamlin 7:12
Aaron Wilks 7:17
Doug Sutton 7:20
Lynn Jenner 7:23
Jason Wilks 7:25
Joe Gwizdaloski 7:35
Dave Talcott 7:37
Barb Morrissey 8:14
Diane Golden 8:20
Tim Nichols 8:20
Dawn DeVita 9:39

800

Richard Nichols 2:37
Ben Nichols 2:39
Mike Brearly 2:55
Brian Cartie 2:56
Steve Willett 3:08
Doug Sutton 3:16
Skip Hamlin 3:22
Aaron Wilks 3:25
David Nichols 3:41
Tim Nichols 3:49
Barb Morrissey 3:51
Diane Golden 3:57
Dawn DeVita 4:34

400

Mike Murphy :59
Richard Nichols 1:11
Ben Nichols 1:13
Michelle Clarke 1:15
Brian Cartie 1:17
Joe Auklis 1:20
Steve Willett 1:23
Skip Hamlin 1:26
Doug Sutton 1:27
David Nichols 1:35
Tim Nichols 1:48
Barb Morrissey 2:03

Victoria Payne 2:21

2 mile

Phil Kwasney 11:53
Matt Campbell 12:11
Sterling Payne 12:58
Lyann Lorenz 13:43
Richard Nichols 14:00
Ben Nichols 15:13
Steve Willett 15:48
Aaron Wilks 15:54
Skip Hamlin 15:59
Doug Sutton 16:01
David Nichols 16:12
Dave Talcott 16:18
Barb Morrissey 17:08
Lynn Jenner 17:34
Mike Murphy 17:44
Joe Gwizdaloski 17:57
Jason Wilks 18:17
Diane Golden 19:52
Dawn DeVita 22:23

May 23, 2007

A beautiful night for running at M-E. A total of 21 runners took part in the meet. Thanks to Tom Hamlin, Lynann Lorenz and Dan Dougherty for helping.

Mile

Greg Derick 5:16
Phil Kwasney 5:32
Suzanne Myette 5:40
Lee Anderson 5:59
Steve Willett 6:36
Joe Akulis 6:47
Brian Cartie 6:49
Aaron Wilks 7:05
Skip Hamlin 7:07
Joe Gwizdaloski 7:22
Jason Wilks 7:30
Alyison Barmada 7:31
Barb Morrissey 8:02
Diane Golden 8:30
Jennifer Woltjen 8:53
Kathy Anderson 9:21
Kirsten Anderson 9:51
Dawn DeVita 10:09

800

Greg Derick 2:21
Phil Kwasney 2:23
Lindzie Foster 2:30
Brian Cartie 2:59
Lee Anderson 3:01
Steve Willett 3:16
Skip Hamlin 3:20
Aaron Wilks 3:28
Jason Wilks 3:51
Barb Morrissey 3:52
Diane Golden 3:54
Jennifer Woltjen 4:19
Dawn DeVita 4:44

400

Joe Auklis :58
Phil Kwasney 1:06
Greg Derick 1:13
Brian Cartie 1:19
Steve Willett 1:25
Skip Hamlin 1:27
Jason Wilks 1:46
Lee Anderson 1:49
Kisten Anderson 1:49
Barb Morrissey 1:49
Jennifer Woltjen 1:58

2 mile

Bob Nugent 10:32
Byron LaBare 10:42

Greg Derick 11:48
Phil Kwasney 13:16
Lee Anderson 13:24
Aaron Wilks 15:40
Skip Hamlin 15:49
Joe Gwizdaloski 15:53
Steve Willett 16:39
Barb Morrissey 17:28
Jennifer Woltjen 19:47
Dawn DeVita 22:50

May 16, 2007

Some very impressive times turned in by our runners, on a cool and windy night at M-E track. Thanks to Tom Hamlin and Dan Dougherty for helping.

Mile

Greg Derick 4:59
Phil Kwasney 5:07
Mile Olsen 5:08
Lynann Lorenz 6:11
Aaron Wilks 6:57
Joe Gwizdaloski 7:30
Jason Wilks 7:31
Alyson Barmada 7:41
Dave Talcott 7:52
Joe Auklis 8:23
Barb Morrissey 8:29
Diane Golden 8:46
Dawn DeVita 9:54

800

Jeff Felice 2:26
Greg Derick 2:27
Mike Olsen 2:30
Aaron Wilks 3:19
Jason Wilks 3:52
Barb Morrissey 3:54
Diane Golden 3:56
Dawn DeVita 4:45

400

Mike Olsen 1:02
Greg Derick 1:04
Jeff Felice 1:07
Dave Talcott 1:09
Alyson Barmada 1:26
Jason Wilks 1:33
Barb Morrissey 1:49

2 mile

Greg Derick 11:41
Jeff Felice 11:54
Suzanne Myette 12:01
Mike Olsen 12:08
Lynann Lorenz 12:13
Joe Gwizdaloski 15:48
Barb Morrissey 17:12
Dave Talcott 17:25
Diane Golden 19:01
Dawn DeVita 21:19

May 9, 2007

We had a total of 19 runners, on a beautiful evening for running. Welcome to Diane Golden and Phil Kwasney, who joined TCRC. Thanks to Tom Hamlin, Dan Dougherty and Ed Jenner for volunteering.

Mile

Greg Derick 5:04
Mike Sisson 5:53
Lynann Lorenz 5:56
Steve Willett 6:40
Joe Auklis 6:54
Aaron Wilks 7:18
Jason Wilks 7:38
Skip Hamlin 7:49
Sue Schultz 7:54
Joe Gwizdaloski 7:59
Diane Golden 9:23

Dawn DeVita 9:54

800

Phil Kwasney 2:16
Greg Derick 2:33
Pat Graham 3:06
Steve Willett 3:12
Aaron Wilks 3:19
Skip Hamlin 3:38
Jason Wilks 3:56
Sue Schultz 4:14
Diane Golden 4:19
Dawn DeVita 4:59
Johnathan Walz 5:00

400

Colin Tripp :58
Joe Auklis 1:00
Sean Roberts 1:03
Greg Derick 1:04
Phil Kwasney 1:08
Wendy Richards 1:15
Steve Willett 1:21
Aaron Wilks 1:22
Lynann Lorenz 1:23
Pat Graham 1:24
Stefan Trusca 1:25
Skip Hamlin 1:28
Jason Wilks 1:39
Sue Schultz 1:42

2 Mile

Greg Derick 11:48
Lynann Lorenz 13:35
Steve Willett 15:35
Joe Gwizdaloski 16:33
Skip Hamlin 16:49
Aaron Wilks 17:25
Sue Schultz 18:01
Diane Golden 20:00
Jason Wilks 20:22
Dawn DeVita 23:26

May 2, 2007

A nice, but windy night at M-E track, for our first meet. We had a total of 18 runners. Thanks to Tom Hamlin for helping me with the scoring.

George Joseph

Mile

Randy Reynolds 5:35
Jennifer Hastings 5:45
Lynann Lorenz 6:04
Steve Willett 6:46
Skip Hamlin 7:10
Joe Akulis 7:32
Jason Wilks 8:22
Dawn DeVita 9:30
Joe Gwizdaloski 9:34
Nicholas Willett 11:34

800

Chris Chinhong 2:25
David Malinowski 2:37
Jennifer Hastings 2:49
Lynann Lorenz 3:03
Steve Willett 3:14
Skip Hamlin 3:29
Jason Wilks 3:59
Jonathan Willett 4:36
Dawn DeVita 4:38
Nicholas Willett 6:22

400

Joe Akulis 1:00
Lynann Lorenz 1:19
Steve Willett 1:21

Skip Hamlin 1:26
Jason Wilks 1:29
Jonathan Willett 2:09
Nicholas Willett 2:19
Julia Willett 2:22

2 mile

Birant Akbay 10:07
Tom Carter 10:58
Phil Kwasney 11:40
Randy Reynolds 12:33
Lynann Lorenz 13:21
Jennifer Hastings 13:24
John Kopalek 14:36
Steve Willett 15:12
Skip Hamlin 16:01
Joe G 18:09
Dawn DeVita 21:46