

Fortieth Annual Vestal XX 20 Kilometer Road Race Weather: 78 degrees, Sunny June 19, 2010

Note: Complete, searchable results of this year's race and ALL previous races will be available from [Active.com](#).

Award List

Overall Male Winners

- 1 Earl Steinbrecher 46 M 1:13:38
- 2 John Salva 17 M 1:16:36
- 3 Ben Snodgrass 18 M 1:21:22

Record 1:03:17 by Tom Carter in 1981

Overall Female Winners

- 1 Janine Fitzgerald 36 F 1:31:44
- 2 Rachel Murphy 29 F 1:32:58
- 3 Alice Kassens Uhl 35 F 1:34:52

Record 1:14:29 by Charlene Lyford in 1999

Tom Carter High School Awards

- John Salva 17 M 1:16:36
- Lauren Gates 18 F 1:39:54

Age Graded Awards

* RESULTS GRADED BY AGE AND SEX BASED ON WORLD MASTERS ATHLETICS / USATF *
* 2010 MEN AND WOMEN TABLES. *
* This listing is produced by adjusting each finisher's time based on tables *
* produced by Alan Jones for the WMA and USATF. *
* The resulting time is theoretically what each runner should be able to run at *
* about age 27. The last column shows, as a percent, how close each runner *
* came to a world-class performance after adjusting for age. *
* The overall 3 male and 3 female winners have been excluded from this list *

Place	Name	Ag	S	Time	Agegrad	Age %
1	Jack Cleland	53	M	1:22:55	1:11:24	78.41
2	Lee Anderson	53	M	1:25:16	1:13:25	76.25
3	Bong Joon Yoon	63	M	1:33:54	1:13:49	75.83
4	Brian Cummins	55	M	1:27:51	1:14:20	75.31
5	Eric Maki	48	M	1:22:59	1:14:34	75.07
6	Nancy Werthmuller	59	F	1:46:24	1:23:30	74.63
7	Ron Hulsander	53	M	1:28:44	1:16:25	73.26
8	Paula Fitch	60	F	1:51:17	1:26:07	72.36
9	Chungsik Choi	49	M	1:26:53	1:17:26	72.28
10	Paul McMahan	61	M	1:38:38	1:19:00	70.84
11	Vince Fox	51	M	1:30:28	1:19:16	70.62
12	Joe Spivak	16	M	1:24:33	1:19:19	70.58
13	Bill McGovern	50	M	1:29:59	1:19:30	70.40
14	Cal Michaels	17	M	1:23:43	1:19:42	70.23
15	Doug Stoner	51	M	1:31:02	1:19:45	70.19
16	Michael Olson	44	M	1:26:01	1:19:53	70.07
17	Barbara Ann Morrissey	62	F	1:58:31	1:29:07	69.91
18	Chuck Hein	51	M	1:31:27	1:20:08	69.86
19	Jeff Felice	43	M	1:26:01	1:20:32	69.51
20	Chris Cowden	36	M	1:21:49	1:20:44	69.33
21	Randy Reynolds	47	M	1:29:42	1:21:18	68.86
22	Patrick Schiefen	21	M	1:21:38	1:21:18	68.85
23	Karla Eisch	54	F	1:48:54	1:31:24	68.17
24	Thomas Mullins	42	M	1:28:15	1:23:17	67.20
25	Karen Fennie	50	F	1:45:16	1:32:56	67.04
26	Anthony Disalvo	45	M	1:30:52	1:23:42	66.86
27	George White	60	M	1:43:57	1:24:03	66.59

Overall Results

Place	Name	Age	S	City	St	Time	Pace	PerF
1	Earl Steinbrecher	46	M	Willseyville	NY	1:13:38*	5:56	771
2	John Salva	17	M	Conklin	NY	1:16:36	6:10	741
3	Ben Snodgrass	18	M	Apalachin	NY	1:21:22	6:33	698
4	Patrick Schiefen	21	M	Elmira	NY	1:21:38	6:35	696
5	Chris Cowden	36	M	Johnson City	NY	1:21:49	6:35	694
6	Jack Cleland	53	M	Corning	NY	1:22:55	6:41	685
7	Eric Maki	48	M	Cortland	NY	1:22:59	6:41	684
8	Cal Michaels	17	M	Apalachin	NY	1:23:43	6:45	678
9	Joe Spivak	16	M	Vestal	NY	1:24:33	6:49	672
10	Lee Anderson	53	M	Endwell	NY	1:25:16	6:52	666
11	Michael Olson	44	M	Vestal	NY	1:26:01	6:56	660
12	Jeff Felice	43	M	Endicott	NY	1:26:01	6:56	660
13	Todd Stackhouse	25	M	Endicott	NY	1:26:26	6:58	657
14	Chungsik Choi	49	M	Johnson City	NY	1:26:53	7:00	654
15	Dan Makela	23	M	Binghamton	NY	1:27:49	7:04	647
16	Brian Cummins	55	M	Courtland	NY	1:27:51	7:05	646
17	Thomas Mullins	42	M	Cortland	NY	1:28:15	7:07	643
18	Ron Hulsander	53	M	Cortland	NY	1:28:44	7:09	640
19	Randy Reynolds	47	M	Binghamton	NY	1:29:42	7:14	633
20	Brendan Pancheri	28	M	Binghamton	NY	1:29:48	7:14	632
21	Bill McGovern	50	M	Marathon	NY	1:29:59	7:15	631
22	Vince Fox	51	M	Vestal	NY	1:30:28	7:17	628
23	Nicholas Montesano	17	M	Apalachin	NY	1:30:41	7:18	626
24	Anthony Disalvo	45	M	Hallstead	PA	1:30:52	7:19	625
25	Doug Stoner	51	M	Spencer	NY	1:31:02	7:20	624
26	Chuck Hein	51	M	Vestal	NY	1:31:27	7:22	621
27	Janine Fitzgerald	36	F	Binghamton	NY	1:31:44	7:23	689
28	Rachel Murphy	29	F	Wyalusing	PA	1:32:58	7:29	680
29	Michael Murphy	36	M	Wyalusing	PA	1:32:59	7:29	611
30	Jake Bigelow	37	M	Endicott	NY	1:33:49	7:33	605
31	Bong Joon Yoon	63	M	Vestal	NY	1:33:54	7:34	605
32	Steve Himka	37	M	Nicholson	PA	1:34:41	7:38	600
33	Alice Kassens Uhl	35	F	Fincastle	VA	1:34:52	7:38	666
34	Dan Dofton	35	M	Binghamton	NY	1:34:52	7:38	599
35	Jon McDonough	39	M	North Chili	NY	1:35:25	7:41	595
36	Kimberly Law	21	F	Binghamton	NY	1:35:35	7:42	661
37	Jade Marhaba	16	M	Vestal	NY	1:35:49	7:43	593
38	Emily Piza-Taylor	33	F	Binghamton	NY	1:35:57	7:44	659
39	Rob Krowiak	22	M	Endicott	NY	1:36:13	7:45	590
40	Jennifer Hastings	23	F	Vestal	NY	1:36:36	7:47	655
41	Mark Brugger	50	M	Endicott	NY	1:36:37	7:47	588
42	Abe Nichols	41	M	Barton	NY	1:36:58	7:49	586
43	Ben Krahn	28	M	Milwaukee	WI	1:37:06	7:49	585
44	John Lomasney	52	M	Apalachin	NY	1:37:55	7:53	580
45	Joe Londa	50	M	Carmel	NY	1:38:08	7:54	579
46	Frank Michaels	51	M	Apalachin	NY	1:38:34	7:56	576
47	Andrew Davis	23	M	Vestal	NY	1:38:36	7:57	576
48	Paul McMahan	61	M	Binghamton	NY	1:38:38	7:57	576
49	Kevin Tripp	39	M	Masonville	NY	1:38:43	7:57	575
50	Kerry Zemek	52	M	Binghamton	NY	1:39:27	8:01	571
51	Benjamin Nichols	20	M	Endicott	NY	1:39:47	8:02	569
52	Lauren Gates	18	F	Vestal	NY	1:39:54	8:03	633
53	Kyle Howerton	17	M	Apalachin	NY	1:39:54	8:03	568
54	John Londa	53	M	Lunenburg	MA	1:40:31	8:06	565
55	Stephen Nichols	22	M	Endicott	NY	1:40:31	8:06	565
56	Timothy Nichols	16	M	Endicott	NY	1:40:32	8:06	565
57	Lauren Vitkus	23	F	Skaneateles	NY	1:40:52	8:07	627
58	Evan Londa	16	M	Carmel	NY	1:40:56	8:08	563
59	Andrew Ciaravino	20	M	Vestal	NY	1:41:10	8:09	561
60	Tim Van Hine	17	M	Apalachin	NY	1:41:11	8:09	561
61	Elisabeth Jeremko	23	F	Vestal	NY	1:41:15	8:09	624
62	Erika Gates	20	F	Vestal	NY	1:41:20	8:10	624
63	Joe Hommel	40	M	Endicott	NY	1:41:31	8:11	559
64	Sue Priestley	45	F	Binghamton	NY	1:41:55	8:12	620
65	Graham Upton	55	M	Binghamton	NY	1:42:14	8:14	555
66	Ron Knapick	41	M	Endwell	NY	1:42:16	8:14	555
67	Don Slogar	48	M	Vestal	NY	1:42:41	8:16	553
68	Carl Kobeski	54	M	Factoryville	PA	1:43:02	8:18	551
69	Martin Hahn	51	M	Vestal	NY	1:43:16	8:19	550
70	Andrea Prusik	18	F	Endicott	NY	1:43:31	8:20	611
71	Aaron Wilks	43	M	Endwell	NY	1:43:52	8:22	547
72	George White	60	M	Bath	NY	1:43:57	8:22	546
73	James Wilson	26	M	Vestal	NY	1:44:26	8:25	544
74	John Miller	43	M	Vestal	NY	1:44:30	8:25	543
75	Katie Figura	23	F	Skaneateles	NY	1:44:54	8:27	603
76	Justin Sturek	29	M	Endicott	NY	1:44:55	8:27	541
77	Julie Spear	24	F	Mystic	CT	1:45:09	8:28	601
78	Karen Fennie	50	F	Binghamton	NY	1:45:16	8:29	601
79	Scott Breen	39	M	Endicott	NY	1:45:19	8:29	539
80	Robert Kuchera	49	M	Apalachin	NY	1:45:27	8:30	538
81	Brendan O'Brien	50	M	Ithaca	NY	1:45:36	8:30	538
82	Anthony Muhlneckel	56	M	North Syracuse	NY	1:45:43	8:31	537
83	Mark Hendley	43	M	Binghamton	NY	1:45:55	8:32	536
84	Paul Moss	49	M	Johnson City	NY	1:46:02	8:32	535
85	Theresa Hunter	28	F	Philadelphia	PA	1:46:16	8:34	595

86	Shari Nichols	41	F	Barton	NY	1:46:17	8:34	595
87	Nancy Werthmuller	59	F	Scott Township	PA	1:46:24	8:34	594
88	Jason Medovich	31	M	Windsor	NY	1:46:29	8:35	533
89	David Losee	39	M	Denver	NY	1:46:39	8:35	532
90	Steve Holmbraker	50	M	Middletown	NY	1:46:54	8:37	531
91	Leo O'Connor	58	M	Binghamton	NY	1:47:01	8:37	531
92	Kevin Pasterchik	52	M	Binghamton	NY	1:47:13	8:38	530
93	Brian Hatch	39	M	Endicott	NY	1:47:14	8:38	529
94	William Cunningham	45	M	Endicott	NY	1:47:14	8:38	529
95	Frank Bianco	32	M	Binghamton	NY	1:47:17	8:38	529
96	Elizabeth Pfleghardt	24	F	Rochester	NY	1:47:37	8:40	588
97	Larry Bosket	50	M	Apalachin	NY	1:47:42	8:40	527
98	Al Weaver	56	M	Lafayette	NY	1:47:49	8:41	527
99	Jay Teinert	47	M	Bedford	TX	1:48:14	8:43	525
100	Harry Sherick	55	M	Endicott	NY	1:48:18	8:43	524
101	Joshua Burton	20	M	Frederick	MD	1:48:19	8:43	524
102	Tom McLaughlin	47	M	Endwell	NY	1:48:21	8:44	524
103	Mike Terwilliger	55	M	Brooktondale	NY	1:48:33	8:45	523
104	Larry Brooks	58	M	Binghamton	NY	1:48:51	8:46	522
105	Karla Eisch	54	F	Vestal	NY	1:48:54	8:46	581
106	David MacEwan	39	M	Binghamton	NY	1:48:59	8:47	521
107	Kathleen Lantry	48	F	Whitney Point	NY	1:48:59	8:47	580
108	Mark Ciaravino	46	M	Vestal	NY	1:49:19	8:48	519
109	Lisa Gallagher	45	F	Vestal	NY	1:49:20	8:48	578
110	Harland Bigelow	63	M	Lisle	NY	1:49:26	8:49	519
111	Michael Joyce	57	M	Binghamton	NY	1:49:47	8:50	517
112	Jay Wellman	40	M	Binghamton	NY	1:50:40	8:55	513
113	Janie Cregan	50	F	Endwell	NY	1:50:58	8:56	570
114	Carla Williams-Drake	32	F	Endicott	NY	1:51:16	8:58	568
115	Paula Fitch	60	F	Binghamton	NY	1:51:17*	8:58	568
116	Alicia Sutphin	16	F	Apalachin	NY	1:51:42	9:00	566
117	Rachael Grubb	30	F	Vestal	NY	1:51:45	9:00	566
118	Robert Damiano	32	M	Tunkhannock	PA	1:51:45	9:00	508
119	John Kopalek	59	M	Binghamton	NY	1:52:22	9:03	505
120	Jim Warner	24	M	Ithaca	NY	1:52:55	9:06	503
121	Diane Distefano	39	F	Norwich	NY	1:53:20	9:08	558
122	Sara Gdovin	26	F	Binghamton	NY	1:53:23	9:08	558
123	Faith Rittenburg	27	F	Binghamton	NY	1:54:34	9:14	552
124	Jessica Axtell	24	F	Deposit	NY	1:54:34	9:14	552
125	David Favalo	56	M	Phoenix	NY	1:54:39	9:14	495
126	Tom Meagher	54	M	Nicholson	NY	1:54:48	9:15	495
127	Kathy Anderson	48	F	Endwell	NY	1:55:14	9:17	549
128	Richard Nichols	25	M	Apalachin	NY	1:56:34	9:23	487
129	Dana Schmidt	15	F	Johnson City	NY	1:56:43	9:24	542
130	Carly Gill	19	F	Conklin	NY	1:56:44	9:24	542
131	Kelley Hamlin	38	F	Endicott	NY	1:57:09	9:26	540
132	Adam Davis	20	M	Vestal	NY	1:57:23	9:27	484
133	Kodie Tanner	25	F	Norwich	NY	1:57:29	9:28	538
134	Lisa Mallery	51	F	Vestal	NY	1:57:34	9:28	538
135	George Groome	70	M	Vestal	NY	1:57:45	9:29	482
136	Jamie Lee Scott	28	M	Endicott	NY	1:58:10	9:31	481
137	Andrew Coleman	53	M	Vestal	NY	1:58:15	9:31	480
138	Barbara Ann Morrissey	62	F	Owego	NY	1:58:31*	9:33	533
139	Katie Gorgos	27	F	Binghamton	NY	1:58:32	9:33	533
140	Virginia Paige Walker	24	F	Binghamton	NY	1:58:36	9:33	533
141	Terry Ross	42	M	Binghamton	NY	1:58:49	9:34	478
142	Bob Beavan	46	M	Johnson City	NY	1:59:19	9:37	476
143	Lori Anderson	25	F	Binghamton	NY	1:59:25	9:37	529
144	Fred Bostrom	72	M	Brackney	PA	1:59:36	9:38	475
145	Vicki Becker	50	F	Binghamton	NY	1:59:56	9:40	527
146	Kathleen Rifkin	46	F	Middletown	NY	2:01:34	9:47	520
147	Les Buchanan	46	M	Cortland	NY	2:01:37	9:48	467
148	Marsha Pulz	49	F	Vestal	NY	2:01:46	9:48	519
149	Ryen Both	35	M	Owego	NY	2:01:52	9:49	466
150	Jessica Billard	29	F	Owego	NY	2:02:16	9:51	517
151	Megan Goetz	22	F	Rochester	NY	2:02:36	9:52	516
152	Dick Litzel	70	M	Newark Valley	NY	2:02:38	9:53	463
153	Susan Choi	52	F	Johnson City	NY	2:02:39	9:53	515
154	Katymay Malone	28	F	Newark Valley	NY	2:04:21	10:01	508
155	Christopher Hoskins	15	M	Vestal	NY	2:04:46	10:03	455
156	Marne Einarson	53	F	Ithaca	NY	2:04:57	10:04	506
157	Larry Clarkberg	46	M	Ithaca	NY	2:05:01	10:04	454
158	Joseph Gwizdalowki	57	M	Endwell	NY	2:05:25	10:06	453
159	Kara Hendley	40	F	Binghamton	NY	2:06:34	10:12	500
160	Deb James	38	F	Lisle	NY	2:06:52	10:13	498
161	Kathrine Switzer	63	F	New Paltz	NY	2:07:06	10:14	497
162	James Miner	61	M	Dryden	NY	2:07:06	10:14	447
163	Larry Lepak	60	M	Endicott	NY	2:07:13	10:15	446
164	Eileen Mushalla	50	F	Vestal	NY	2:07:16	10:15	497
165	Jared Mohr	16	M	Vestal	NY	2:11:07	10:34	433
166	Chris Mahon	38	M	Vestal	NY	2:11:15	10:34	433
167	Anthony Mazza	64	M	Binghamton	NY	2:11:16	10:34	433
168	Rob Kurst	41	M	Vestal	NY	2:11:17	10:34	432
169	Matthew Rose	56	M	Johnson City	NY	2:11:48	10:37	431
170	Craig Fox	19	M	Vestal	NY	2:14:14	10:49	423
171	Sue-Mei Slogar	20	F	Vestal	NY	2:14:53	10:52	469
172	Edziel Menchavez	22	F	Jersey City	NY	2:15:00	10:52	468

173	William Kelly	50	M	Vestal	NY	2:15:04	10:53	420
174	Jennifer Woltjen	52	F	Endicott	NY	2:18:45	11:10	456
175	Ann O'Neil	53	F	Conklin	NY	2:21:06	11:22	448
176	Anne McGuigan	48	F	Conklin	NY	2:21:09	11:22	448
177	Nelson Torres	53	M	Binghamton	NY	2:21:37	11:24	401
178	Barbara Reese	41	F	Owego	NY	2:23:22	11:33	441
179	Kristy Angelo	33	F	Kirkwood	NY	2:28:34	11:58	426
180	Margaret Stackhouse	52	F	Endicott	NY	2:28:34	11:58	426
181	Don Burton	58	M	Frederick	NY	2:29:07	12:00	381
182	Maureen Somerwil	36	F	Binghamton	NY	2:34:36	12:27	409
183	Lucas Somerwil	50	M	Binghamton	NY	2:34:37	12:27	367
184	Ron Slocum	66	M	Binghamton	NY	2:41:01	12:58	353
185	Nicki Conroy	48	F	Endicott	NY	2:42:52	13:07	388
186	Dawn Devita	46	F	Binghamton	NY	2:54:23	14:02	363
187	Melissa Laugle	24	F	Vestal	NY	2:54:33	14:03	362

Record 1:03:17 by Tom Carter in 1981

* Under USATF Age-Group guideline