

TRIPLE CITIES RUNNERS CLUB

NOVEMBER 12, 2024

CALLED TO ORDER – 7:05PM

PRESENT: Grace TabEEK, Eric Purdy, Sarah Kane, Emily Gunther, Ray Fryc, Jason Palmer, Kat Hores, Vince Fox, Dan Dougherty, Chris McManus, Dave Fellows, Mary McNamara Phone- Kevin Pasterchik

NOT PRESENT: Susan Cain

CUPIDS CHASE: Will be held on February 8th at Otsiningo Park. Will be the 16th year for Community Options and the money goes for housing for people with disabilities and all funds raised stay local. The money helps with house renovations and provides funds to make bathrooms handicap accessible. Maureen, race director, asked for the TCRC to do a social media post on the TCRC website. Ray made a motion for one social media post for Cupid's Chase in January, Grace second, motion passed. Yes-12 No-0

Ray then made a motion to include the Cupid's Chase discount code in an email to the club in December, Dan Second, Motion passed. Yes-12 No-0

SANTA RUN: Ray reported that the Santa Run asked via email to have their event shared on social media again this year. Dave made a motion to do a single social media post for the Santa Run as long as the post is after the Turkey Trot has been run, Ray second, motion passed. Yes-12 No-0

SECRETARY'S REPORT: Grace presented secretary report, made a motion to pass, Kat second, motion passed. Yes-12 No-0

TREASURERS REPORT: Chris reported we deposited money in October and that one scholarship was paid out in October. No expenses turned in for King & Queen Race. Women's Run finalized in November, Chris made motion to pass the August Treasurers Report, Grace second, motion passed. Yes-11 No-0. Chris made motion to pass the September Treasurers Report, Grace second, motion passed. Yes-11 No-0. Chris made motion to pass the October Treasurers Report, Grace second, motion passed. Yes-11 No-0.

SHOE PROGRAM: Ray spoke with Matt Gawors regarding policies on the TCRC/Confluence Running shoe program. Matt stated that all Confluence employees will be retrained on how to deal with athletes coming in with certificates that have been approved for running shoes and or spikes. Matt also agreed to process any shoe give aways every 3-4 months rather than every 6 months.

COMMUNICATIONS: TCRC membership is open for 2025 membership through Runsignup. Ray will be updating the website and if you see anything that looks off let Ray know. Ray reported that WIX increased their price to \$622.08 for 2 years. Ray made a motion to pay WIX \$622.08, Grace second, motion passed. Yes-11 No-0

TURKEY TROT 5 MILER: Registration is open, sponsors are coming in. The design for the shirt has been verified and shirts have been ordered.

JANUARY FREEZE 10K'S: Chris will pay RRCA fee for insurance and as soon as that's paid Grace will send in for insurance and send necessary paperwork to Broome County.

FORKS 15K: The race will be held on March 16th at Chenango Forks High School.

VESTAL XX: Sarah reported, per a Vestal town board meeting, that the Main Street bridge may be under construction beginning spring 2025. This bridge is part of the Vestal XX course. Sarah will contact Vestal highway department to confirm exact dates and if a walking bridge will be available.

SELF DEFENSE COURSE: Sarah reported that there were 10 people in the class and most were Synergy members.

NEW YEAR'S EVE RUN: Will be skipped this year.

TCRC PANCAKE BREAKFAST: Will be held on December 8th at the Russian Club in Endicott and is on Runsignup. Eleven people have signed up. Ray made a motion to spend up to \$400 for expenses, Grace second, motion passed. Yes-11 No-0

TCRC MEMBER SOCIAL: Will be held on January 13th at Beer Tree Factory from 6:00-9:00pm. Kat will verify date with Beer Tree.

PRESIDENTS REPORT: Ray asked that if you're not running one of our events to please try and volunteer and to push our events when possible.

MOTION TO ADJOURN: Ray made a motion to adjourn, Kat second, meeting adjourned at 8:18pm

SUBMITTED BY: Grace TabEEK

NEXT MEETING: November 12, 2024