

The Deposit Family Recreation Group

Proudly Presents the

16th Almost-ANNUAL

Lumberjack Festival 5K Run

and 1 Mile Health Walk

SATURDAY JULY 15, 2017

10:00 AM Sharp; Rain or Shine!

Registration at 9:00AM at Firemen's Field, Deposit

Trophies plus \$50.00 to 1st Overall Male and Female

Trophies to the top runner in each age group

Free T-shirt for the first 100 registrants

CERTIFICATES TO ALL FINISHERS IN THE 5K RUN AND WALK

Top TEAM of 3 participants receives a trophy

\$18 Pre-Race Registration Until July 10th

\$20 Race-day Registration

Beverage Stops and Snacks for Racers

Questions? Email David Bergstrom at dfrg@pobox.com

OR

Leave a message for Mary Hogan 607-467-3775

Proceeds to benefit the Deposit Family Recreation Group for community sports and recreation activities.

Registration: Please email your pre-registration to:

4162.anita@gmail.com (pay when you arrive)

Or mail with a check payable to DFRG to:

Mary Hogan, 252 Farnham Road, Windsor, NY 13865



Name: _____ Age _____

Address: _____ Gender: _____

Phone: _____ Walk() or Run ()

Email: _____ Shirt Size: _____

By signing this registration form, I acknowledge that the Village of Deposit, Deposit Family Recreation Group, and all organizers of the Lumberjack Festival are free from fault if I am accidentally hurt during this race. I also acknowledge that this race is for fun and fun alone, and to raise monies for the DFRG. By signing this tear-off, I am indicating that I understand it is important to warm up my muscles prior to the running/walking of the event I participate in, and that certain health conditions may not favor this type of physical activity. I also acknowledge the need to eat properly before and after the race to and ensure that I am properly hydrated.

Signature (required) _____