

Triple Cities Runners Club
Annual Meeting
March 12, 2013
Relief Pitcher

Board Members Present: Tom Carter, George Joseph, Kevin Pasterchik, Darlene Cempa, Dan Dougherty, Tom Hamlin, Trish Horan, Emily Piza-Taylor, Chris Cowden, Susan Cain, Harry Back, Mike Murphy, Vince Kelley, Ed Jenner, Kathy Anderson

1. President Tom Carter called the meeting to order at 7:05 pm.
2. Election of the Board of Directors took place. The following people were elected for 3 year terms: Steve Esposito, Susan Cain, Mike Murphy, Greg Derrick and Tom Hamlin.
3. Election of officers – the new elected officers are President – Tom Carter, Vice President – Mike Murphy, Treasurer – Kevin Pasterchik, Secretary – Darlene Cempa
4. 5k for Huntington’s Disease 5/18 in Windsor – Sally Forbidussi is in charge of the race and said it has been years since a 5k was held in Windsor. She is looking for information on how to post on our web site, timing, etc. Board members told her to send info on the race to the webmaster and that directions are on the race calendar. Rainbow scoring was also discussed.
5. 10k Run – Christie Zevotek from Chenango Fitness is looking to sponsor an Aldo Rossi Memorial 10k or 5k in Port Dickinson to honor Aldo Rossi. They are looking at the last Saturday in July but for 2014. She had questions about logistics and scoring and will come to another meeting with more information and questions.
6. Bridge Run – Vince Kelley said that the club was approached about providing pacers for the race and considerable discussion ensued. It was decided that the club doesn’t have the time to properly vet pacers and get set this year but we would consider it for next year.
7. Secretary’s Report - Motion was made by Tom Carter and seconded by Harry Back to accept the minutes from the January 8, 2013 meeting. Motion passed.
8. Equipment – Grace Tabeek and Brian Whitney will be taking care of the club’s timing equipment.
9. Membership Report – Suzanne Myette reported that as of March 12, the club has 251 renewing members and 75 new members for a total of 326 members.
10. Annual Dinner update – Sue Cain said that 92 people attended this year’s annual dinner. The cost was \$3,809.22 less the \$1,200 that members paid for their portion of the meal led to a loss of \$2,609.22. The board agreed that it was a good dinner and great to have such a good turnout.
11. Treasurer’s Report – Kevin Pasterchik reviewed the treasurer’s report. Chris Cowden made a motion to accept the report, seconded by Tom Carter. The motion passed.
12. Motion passed via email since the last board meeting – Sue Cain made a motion that the TCRC fund a grant through the Eastern Regional Elite Distance Camp in the amount of \$530 for Cody Brizzolara to attend the spring training session with the option of

renewing this grant in future years to fund another section four runner. Brendan Flynn seconded and motion passed.

13. Motion passed via email since the last board meeting – Chris Cowden made a motion for the club to fund up to 4 functional running analysis sessions through Oakdale PT. Each session would be open to only TCRC members and would include up to 20 people at a cost of \$200, for a total initial budget of \$800. Harry Back seconded and motion passed.
14. Motion passed via email since the last board meeting – Brendan Flynn made a motion to support the Chris Thater 5k at the \$500 level again this year which consists of \$250 cash and race day refreshment donations. Tom Hamlin seconded and motion passed.
15. Motion passed via email since the last board meeting – Tom Carter made a motion to sponsor the Binghamton High Patriot Spring Break Invite track meet with a \$100 donation. Vince Kelley seconded and motion passed.
16. BU Health Fair – Harry Back noted the Health Fair is Monday 3/18 from 3-7 pm and we can set up a table for free. Several people offered to help out. Discussion ensued about accepting online payments for memberships and it was agreed that the club needs to look into doing some sort of online renewals in the future. It was mentioned that it would be nice to have something to hand out. Stickers are \$.37 each. A motion was made by Emily Piza Taylor to buy 1000 stickers, seconded by Vince Kelley. Motion passed.
17. Humane Society – Sue Cain, Grace Tabeeek and Chris Pilotti are working on this race for June 8th and they need volunteers. It will be at Otsiningo. It was discussed that the sound system doesn't work and we need to do something about it.
18. TCRC Merchandise – Sue Cain passed out sheets for singlets and t-shirts. She will be doing another order in the future, too.
19. Newsletter – Grace said that the cost of printing and postage has continued to rise. She is looking at options for creating an online newsletter and will report at the next board meeting.
20. Forks XV – Tom Hamlin made a motion to have a budget of \$4,300 for the Forks XV this year, seconded by Dan Dougherty. Motion passed.
21. Tom Carter thanked departing board members Kathy Anderson and Brendan Flynn and Vice President George Joseph for their years of service to the club in their respective roles.
22. Adjournment –9:04 pm