



# TCRC Scholarship Run 8K Race

Sunday, May 17th, 2009 @ 10:00 AM

Otsiningo Park @ the pavilion (old rest stop area)

All proceeds from race will support the TCRC scholarship program

**Course:** A one loop 8 kilometer certified course in Otsiningo Park. USATF certification # NY07017JG.

**Fee:** \$10 if preregistered by May 13th, \$12 day of race.

Race T-shirts available for an additional \$5 for **FIRST 100 RUNNERS ONLY**.

**Family Discount-**\$30 entry fee with 2 shirts and unlimited entries. Additional shirts at \$5 each.

**Preregistration:** Fill out the entry form below, sign waiver, and send form and check to:

Kevin Pasterchik, 1241 Cherese Lane. Binghamton, NY 13905

**\*\*Please make checks payable to TCRC\*\***

**Race day registration and packet pickup:** 8:45 AM - 9:45 PM at pavilion in Otsiningo Park.

**Awards:** Awards for men's and women's **OVERALL** and **MASTER** first 3 places.

Age/sex group winner awards: (13 and under, 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+)

**Note:** The race is run mostly on the paved trails which are open to the public, so dogs, headsets and baby strollers are unfortunately, not allowed.

**More Info:** Contact Grace Tabeek (607) 722-8744 (nights), or e-mail at gtabeek@stny.rr.com

The TCRC is using this race to raise money to use for scholarships. These scholarships will be awarded to area HS seniors who have run XC or distance events in track while in school. These students will be continuing their running in college. The goal is to fund a **minimum** of (4) \$500 scholarships to be awarded by the TCRC. All additional money raised from this race will also be given away in the form of scholarships. Please feel free to make an additional contribution knowing that it all will be given away to a deserving young runner for use with college expenses. **Remember, every dollar raised with this race will be used for scholarships only.**

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Entry Form

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Street Address \_\_\_\_\_ Club \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Sex F M Age on race day \_\_\_\_\_ Telephone number \_\_\_\_\_

Fee	\$10
Shirt	\$5
Additional contribution	_____
(All goes to scholarships)	
Total	_____

T Shirt size S M L XL XXL

**Waiver:** I know that running a road race is potentially a hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of weather, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the race organizers, sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature (if runner under 18 years old) \_\_\_\_\_ Date \_\_\_\_\_

Mail application and check (payable to TCRC) to Kevin Pasterchik, 1241 Cherese Lane. Binghamton, NY 13905

## Directions to Otsiningo Park, Binghamton, NY

### FROM THE WEST:

Take Rt. 17 East to Exit 72 (Front Street). Turn left at the traffic signal onto Front Street (Rt. 11 North). Turn right at first traffic signal onto Bevier Street. Otsiningo Park entrance is immediately on the left.

### FROM THE EAST:

Take Rt. 17 West to I-81 North to Exit 5 (Front Street). Turn left at traffic signal onto Front Street (Rt. 11 South). Turn left at first traffic signal onto Bevier Street. Otsiningo Park entrance is immediately on the left.

### FROM THE NORTH:

Take I-81 South to Exit 5 (Front Street). Turn left at the traffic signal onto Front Street (Rt. 11 South). Turn left at the second traffic signal onto Bevier Street. Otsiningo Park entrance is immediately on the left.

### FROM THE NORTHEAST:

Take I-88 West to I-81 South to Exit 5 (Front Street). Turn left at the traffic signal onto Front Street (Rt. 11 South). Turn left at the second traffic signal onto Bevier Street. Otsiningo Park entrance is immediately on the left.

### FROM THE SOUTH:

Take I-81 North to Exit 5 (Front Street). Turn left at the traffic signal onto Front Street (Rt. 11 South). Turn left at the first traffic signal onto Bevier Street. Otsiningo Park is immediately on the left.

